

Sunday/dimanche	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
			<p><b>09:30 am - 12:00 pm</b> Playgroup Place Hurtubise, Sudbury</p> <p><b>01:00 pm - 03:00 pm</b> Creating Healthy Babies Prenatal Program (Topic: Infant Care). Preregister at 249-879-1873 Place Hurtubise, Sudbury</p>	<p><b>10:00 am - 11:30 am</b> Welcome Baby / Bienvenue bébé (Drop in for families with babies between the ages of 0-12 months) Place Hurtubise, Sudbury</p>	<p><b>(All day)</b> Center Closed / Le centre est fermé</p>	
5	<p><b>(All day)</b> Center Closed / Le centre est fermé</p>	<p><b>09:30 am - 11:30 am</b> Cooking with OCOF / Cuisiner avec NENA (Pre-register 705-822-3203) Lansing Avenue Baptist Chapel, Sudbury</p> <p><b>01:00 pm - 03:00 pm</b> Craft Corner (Pre-registration 705-665-8563 (ages 2-6)) Place Hurtubise, Sudbury</p> <p><b>03:30 pm - 05:30 pm</b> Playgroup Place Hurtubise, Sudbury</p>	<p><b>09:30 am - 12:00 pm</b> Playgroup Place Hurtubise, Sudbury</p> <p><b>01:00 pm - 03:00 pm</b> Creating Healthy Babies Prenatal Program (Topic: Prenatal Chair Yoga). Preregister at 249-879-1873 Place Hurtubise, Sudbury</p>	<p><b>10:00 am - 12:00 pm</b> Cooking with Kids (Pre-registration required 705-665-8563 (ages 2.5-12)) Lansing Avenue Baptist Chapel, Sudbury</p> <p><b>10:00 am - 11:30 am</b> Welcome Baby / Bienvenue bébé (Drop in for families with babies between the ages of 0-12 months) Place Hurtubise, Sudbury</p>	<p><b>09:30 am - 12:00 pm</b> Playgroup / Groupe de jeux (Drop In Program for parents/caregivers with children 0-6 years old. Limited Space due to building capacity.) Place Hurtubise, Sudbury</p> <p><b>10:00 am - 11:30 am</b> Getting Healthy with OCOF / En santé avec NENA (Must pre-register call/text 705-822-3203) Carmichael Community Center</p>	<p><b>10:00 am - 12:00 pm</b> Playgroup (Drop In Program for parents/caregivers with children 0-6 years old. Limited Space due to building capacity.) Place Hurtubise, Sudbury</p>
12	<p><b>(All day)</b> Center Closed for Staff Professional Development</p> <p><b>(All day)</b> Développement professionnel pour les employés, le centre est fermé</p>	<p><b>09:30 am - 11:30 am</b> Cooking with OCOF / Cuisiner avec NENA (Pre-register 705-822-3203) Lansing Avenue Baptist Chapel, Sudbury</p> <p><b>01:00 pm - 03:00 pm</b> Craft Corner (Pre-registration required 705-665-8563 (ages 2-6)) Place Hurtubise, Sudbury</p> <p><b>05:00 pm - 07:00 pm</b> Dad's Night Place Hurtubise, Sudbury</p>	<p><b>09:30 am - 12:00 pm</b> Playgroup Place Hurtubise, Sudbury</p> <p><b>01:00 pm - 03:00 pm</b> Creating Healthy Babies Prenatal Program (Topic: Infant Feeding). Preregister at 249-879-1873 Place Hurtubise, Sudbury</p>	<p><b>10:00 am - 11:30 am</b> Welcome Baby / Bienvenue bébé (Drop in for families with babies between the ages of 0-12 months) Place Hurtubise, Sudbury</p>	<p><b>09:30 am - 12:00 pm</b> Playgroup / Groupe de jeux (Drop In Program for parents/caregivers with children 0-6 years old. Limited Space due to building capacity.) Place Hurtubise, Sudbury</p> <p><b>10:00 am - 11:30 am</b> Getting Healthy with OCOF / En santé avec NENA (Must pre-register call/text 705-822-3203) Carmichael Community Center</p>	
19	<p><b>09:30 am - 12:00 pm</b> Parent Support Group (Homemade Bread Making! Must pre-register call/text 705-822-3203) Carmichael Community Center</p> <p><b>03:30 pm - 05:30 pm</b> Family Social Drop-In (For families and children ages 0-12 years) Place Hurtubise, Sudbury</p>	<p><b>09:30 am - 11:30 am</b> Cooking with OCOF / Cuisiner avec NENA (Pre-register 705-822-3203) Lansing Avenue Baptist Chapel, Sudbury</p> <p><b>01:00 pm - 03:00 pm</b> Craft Corner (Pre-registration at 705-665-8563 (ages 2-6)) Place Hurtubise, Sudbury</p> <p><b>03:30 pm - 05:30 pm</b> Playgroup Place Hurtubise, Sudbury</p>	<p><b>09:30 am - 12:00 pm</b> Playgroup Place Hurtubise, Sudbury</p> <p><b>01:00 pm - 03:00 pm</b> Creating Healthy Babies Prenatal Program (Topic: Maternal Mental Health). Preregister at 249-879-1873 Place Hurtubise, Sudbury</p>	<p><b>10:00 am - 12:00 pm</b> Cooking with Kids (Pre-registration required 705-665-8563 (ages 2.5-12)) Lansing Avenue Baptist Chapel, Sudbury</p> <p><b>10:00 am - 11:30 am</b> Welcome Baby / Bienvenue bébé (Drop in for families with babies between the ages of 0-12 months) Place Hurtubise, Sudbury</p>	<p><b>09:30 am - 12:00 pm</b> Playgroup / Groupe de jeux (Indigenous Led Activities in partnership with Better Beginnings Better Futures) Place Hurtubise, Sudbury</p> <p><b>10:00 am - 11:30 am</b> Getting Healthy with OCOF / En santé avec NENA (Must pre-register call/text 705-822-3203) Carmichael Community Center</p>	
26		<p><b>01:00 pm - 03:00 pm</b> Craft Corner (Pre-registration required 705-665-8563 (ages 2-6)) Place Hurtubise, Sudbury</p> <p><b>05:00 pm - 07:00 pm</b> Dad's Night Place Hurtubise, Sudbury</p>	<p><b>09:30 am - 12:00 pm</b> Playgroup Place Hurtubise, Sudbury</p> <p><b>01:00 pm - 03:00 pm</b> Creating Healthy Babies Prenatal Program (Topic: Prenatal Nutrition). Preregister at 249-879-1873 Place Hurtubise, Sudbury</p>	<p><b>10:00 am - 11:30 am</b> Welcome Baby / Bienvenue bébé (Drop in for families with babies between the ages of 0-12 months) Place Hurtubise, Sudbury</p> <p><b>04:00 pm - 06:00 pm</b> Special Event / Événements spéciaux (Inclusive Play &amp; Learning Program. For more information contact Katie at 705-665-8563) Place Hurtubise, Sudbury</p>		

# Additional Program Information / Information Additionnelle Concernant Les Programmes

## **Cooking with Kids**

Children between the ages of 2.5 to 12 years old will have the opportunity to learn basic cooking skills by preparing pre-selected recipes with the support from their accompanied parent / caregiver.

## **Creating Healthy Babies Prenatal Program**

This program offers expectant mothers the opportunity to receive emotional, educational and nutritional support to assist them in developing a healthy baby during their pregnancy. Good Food Bags containing fresh fruits and vegetables, milk, eggs and other protein sources are also provided free to participants.

## **Dad's Night**

This program gives fathers / male role models and children the opportunity to interact together in an open and welcoming environment while participating in discussion, games and physical activities together. A healthy nutritious meal is served.

## **Family Social Drop-In**

Drop-in for some FREE family fun activities and the chance to meet and interact with other families. Healthy snacks and refreshments are provided. Children must be accompanied by a parent/caregiver.

## **Getting Healthy with OCOF / En santé avec NENA**

This is a wellness program that promotes healthy and positive lifestyle choices.

## **Parent Support Group**

Join us in a supportive and caring environment for parents/caregivers who share similar challenges, joys, and experiences in raising children under the age of 6.

## **Playgroup**

By engaging in play, the children and their parents/caregivers learn together in an open, welcoming, inviting, and inclusive environment.

## **Playgroup / Groupe de jeux**

By engaging in play, the children and their parents/caregivers learn together in an open, welcoming, inviting, and inclusive environment. Ce programme d'apprentissage par le jeu fournit aux enfants et aux parents/tuteurs l'occasion d'interagir dans un environnement ouvert et accueillant tout en participant ensemble à des activités pédagogiques favorisant l'engagement et l'inclusion.

## **Welcome Baby / Bienvenue bébé**

Welcome Baby inspires parents/caregivers with babies up to 12 months of age to explore, interact and research with materials which supports curiosity, learning and development.

## **PROGRAM NOTES / MESSAGES CONCERNANT LES PROGRAMMES**

### **Playgroup - Apr 1, 2026 9:30 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Creating Healthy Babies Prenatal Program - Apr 1, 2026 1:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

NOTES: Infant care

### **Welcome Baby / Bienvenue bébé - Apr 2, 2026 10:00 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Cooking with OCOF / Cuisiner avec NENA - Apr 7, 2026 9:30 am**

ADDRESS: 1192 Lansing Ave., Sudbury

CHILDCARE: yes.

### **Craft Corner - Apr 7, 2026 1:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

### **Playgroup - Apr 7, 2026 3:30 pm**

ADDRESS: 1978 Lasalle, Sudbury

### **Playgroup - Apr 8, 2026 9:30 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Creating Healthy Babies Prenatal Program - Apr 8, 2026 1:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

NOTES: Prenatal yoga

### **Cooking with Kids - Apr 9, 2026 10:00 am**

ADDRESS: 1192 Lansing Ave., Sudbury

### **Welcome Baby / Bienvenue bébé - Apr 9, 2026 10:00 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Playgroup / Groupe de jeux - Apr 10, 2026 9:30 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Getting Healthy with OCOF / En santé avec NENA - Apr 10, 2026 10:00 am**

ADDRESS: 1388 Bellevue Ave Sudbury

CHILDCARE: yes.

### **Playgroup - Apr 11, 2026 10:00 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Cooking with OCOF / Cuisiner avec NENA - Apr 14, 2026 9:30 am**

ADDRESS: 1192 Lansing Ave., Sudbury

CHILDCARE: yes.

### **Craft Corner - Apr 14, 2026 1:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

### **Dad's Night - Apr 14, 2026 5:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

### **Playgroup - Apr 15, 2026 9:30 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Creating Healthy Babies Prenatal Program - Apr 15, 2026 1:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

NOTES: Infant feeding

### **Welcome Baby / Bienvenue bébé - Apr 16, 2026 10:00 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Playgroup / Groupe de jeux - Apr 17, 2026 9:30 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Getting Healthy with OCOF / En santé avec NENA - Apr 17, 2026 10:00 am**

ADDRESS: 1388 Bellevue Ave Sudbury

CHILDCARE: yes.

### **Parent Support Group - Apr 20, 2026 9:30 am**

ADDRESS: 1388 Bellevue Ave Sudbury

CHILDCARE: yes.

### **Family Social Drop-In - Apr 20, 2026 3:30 pm**

ADDRESS: 1978 Lasalle, Sudbury

### **Cooking with OCOF / Cuisiner avec NENA - Apr 21, 2026 9:30 am**

ADDRESS: 1192 Lansing Ave., Sudbury

CHILDCARE: yes.

### **Craft Corner - Apr 21, 2026 1:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

### **Playgroup - Apr 21, 2026 3:30 pm**

ADDRESS: 1978 Lasalle, Sudbury

### **Playgroup - Apr 22, 2026 9:30 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Creating Healthy Babies Prenatal Program - Apr 22, 2026 1:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

NOTES: Healthy relationships/maternal mental health

### **Cooking with Kids - Apr 23, 2026 10:00 am**

ADDRESS: 1192 Lansing Ave., Sudbury

### **Welcome Baby / Bienvenue bébé - Apr 23, 2026 10:00 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Playgroup / Groupe de jeux - Apr 24, 2026 9:30 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Getting Healthy with OCOF / En santé avec NENA - Apr 24, 2026 10:00 am**

ADDRESS: 1388 Bellevue Ave Sudbury

CHILDCARE: yes.

### **Craft Corner - Apr 28, 2026 1:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

### **Dad's Night - Apr 28, 2026 5:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

### **Playgroup - Apr 29, 2026 9:30 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Creating Healthy Babies Prenatal Program - Apr 29, 2026 1:00 pm**

ADDRESS: 1978 Lasalle, Sudbury

NOTES: Prenatal nutrition

### **Welcome Baby / Bienvenue bébé - Apr 30, 2026 10:00 am**

ADDRESS: 1978 Lasalle, Sudbury

### **Special Event / Événements spéciaux - Apr 30, 2026 4:00 pm**

ADDRESS: 1978 Lasalle, Sudbury