

Sunday/dimanche	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
30						1
2	<p>12:30 pm - 02:30 pm Bounce Back and Thrive! Parenting Program (Must register - 10 weeks) Espanola United Church</p> <p>(All day) Centre Closed for Staff Professional Development</p>	<p>10:00 am - 01:00 pm Playgroup LaCloche EarlyON Center</p>	<p>09:00 am - 11:30 am Cooking with OCOF (Please register for this program.) Espanola United Church</p>	<p>09:00 am - 06:00 pm Special Event (Early Years Developmental Screen - Elks Hall Espanola)</p>	<p>09:00 am - 11:30 am Playgroup LaCloche EarlyON Center</p>	8
9	<p>10:00 am - 12:00 pm Welcome Baby (Starting Solids Workshop; ages 0-12 months) LaCloche EarlyON Center</p> <p>12:30 pm - 02:30 pm Bounce Back and Thrive! Parenting Program (Must register - 10 weeks) Espanola United Church</p>	<p>10:00 am - 01:00 pm Playgroup LaCloche EarlyON Center</p>	<p>09:00 am - 11:30 am Cooking with OCOF (Please register for this program.) Massey Arena</p> <p>10:00 am - 12:00 pm Explorers Club Boogie Mountain, Espanola</p>	<p>09:30 am - 11:30 am Playgroup Massey Arena</p>	<p>08:00 am Other (Check out our YouTube channel for a variety of circle time videos, cooking demonstrations, parenting info and so much more! @OCOFC NENA) Online</p>	15
16	<p>10:00 am - 12:00 pm Welcome Baby (Starting Solids Workshop; ages 0-12 months) LaCloche EarlyON Center</p> <p>12:30 pm - 02:30 pm Bounce Back and Thrive! Parenting Program (Must register - 10 weeks) Espanola United Church</p>	<p>10:00 am - 01:00 pm Playgroup LaCloche EarlyON Center</p>	<p>10:00 am - 12:00 pm Explorers Club Boogie Mountain, Espanola</p> <p>04:00 pm - 05:30 pm Movement & Play (Registration is appreciated but not required, drop ins welcome.) Massey Arena</p>	<p>09:30 am - 11:30 am Playgroup Massey Arena</p>	<p>09:00 am - 11:30 am Playgroup LaCloche EarlyON Center</p>	22
23	<p>10:00 am - 12:00 pm Welcome Baby (Starting Solids Workshop; ages 0-12 months) LaCloche EarlyON Center</p> <p>12:30 pm - 02:30 pm Bounce Back and Thrive! Parenting Program (Must register - 10 weeks) Espanola United Church</p>	<p>10:00 am - 01:00 pm Playgroup LaCloche EarlyON Center</p>	<p>04:00 pm - 05:30 pm Movement & Play (Registration is appreciated but not required, drop ins welcome.) Boogie Mountain, Espanola</p>	<p>09:30 am - 11:30 am Playgroup Massey Arena</p>	<p>09:00 am - 11:30 am Playgroup (Indigenous lead programming-13 moon teachings) LaCloche EarlyON Center</p>	29

Transportation & Childcare May be Available / Des services de garde et de transport pourraient être disponibles

Additional Program Information / Information Additionnelle Concernant Les Programmes

Bounce Back and Thrive! Parenting Program

This is a 10-session parenting program. You will learn skills to achieve family calm and happiness: Build resilience in everyday interactions with your children; let go of stress allowing you to solve problems or conflicts; teach your children to manage anger, frustration, and stress; assist your children in improving their confidence and self-esteem.

Cooking with OCOF

This program offers parents and caregivers the opportunity to learn about the importance of healthy eating and to develop their cooking skills by preparing healthy affordable meals.

Explorers Club

This outdoor play-based program gives children and their parents/caregivers then opportunity to interact with the natural world around them.

Playgroup

By engaging in play, the children and their parents/caregivers learn together in an open, welcoming, inviting, and inclusive environment.

Welcome Baby

Welcome Baby inspires parents/caregivers with babies up to 12 months of age to explore, interact and research with materials which supports curiosity, learning and development.

PROGRAM NOTES / MESSAGES CONCERNANT LES PROGRAMMES

Bounce Back and Thrive! Parenting Program - Jun 3,2024 12:30 pm

ADDRESS: 137 Sheppard St., Espanola
CHILCARE: yes.

Playgroup - Jun 4,2024 10:00 am

ADDRESS: 273 Mead Boulevard, Espanola

Cooking with OCOF - Jun 5,2024 9:00 am

ADDRESS: 137 Sheppard St., Espanola
CHILCARE: yes.

Playgroup - Jun 7,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola
FOOD DESCRIPTION: NA

Welcome Baby - Jun 10,2024 10:00 am

ADDRESS: 273 Mead Boulevard, Espanola

Bounce Back and Thrive! Parenting Program - Jun 10,2024 12:30 pm

ADDRESS: 137 Sheppard St., Espanola
CHILCARE: yes.

Playgroup - Jun 11,2024 10:00 am

ADDRESS: 273 Mead Boulevard, Espanola

Cooking with OCOF - Jun 12,2024 9:00 am

ADDRESS: 455 Government Rd., Massey
CHILCARE: yes.

Explorers Club - Jun 12,2024 10:00 am

ADDRESS: 926 Mead Blvd., Espanola

Playgroup - Jun 13,2024 9:30 am

ADDRESS: 455 Government Rd., Massey

Welcome Baby - Jun 17,2024 10:00 am

ADDRESS: 273 Mead Boulevard, Espanola

Bounce Back and Thrive! Parenting Program - Jun 17,2024 12:30 pm

ADDRESS: 137 Sheppard St., Espanola

CHILCARE: yes.

Playgroup - Jun 18,2024 10:00 am

ADDRESS: 273 Mead Boulevard, Espanola

Explorers Club - Jun 19,2024 10:00 am

ADDRESS: 926 Mead Blvd., Espanola

Movement & Play - Jun 19,2024 4:00 pm

ADDRESS: 455 Government Rd., Massey

Playgroup - Jun 20,2024 9:30 am

ADDRESS: 455 Government Rd., Massey

Playgroup - Jun 21,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

FOOD DESCRIPTION: NA

Welcome Baby - Jun 24,2024 10:00 am

ADDRESS: 273 Mead Boulevard, Espanola

Bounce Back and Thrive! Parenting Program - Jun 24,2024 12:30 pm

ADDRESS: 137 Sheppard St., Espanola

CHILCARE: yes.

Playgroup - Jun 25,2024 10:00 am

ADDRESS: 273 Mead Boulevard, Espanola

Movement & Play - Jun 26,2024 4:00 pm

ADDRESS: 926 Mead Blvd., Espanola

Playgroup - Jun 27,2024 9:30 am

ADDRESS: 455 Government Rd., Massey

Playgroup - Jun 28,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

FOOD DESCRIPTION: NA