

Sunday/dimanche	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
			<p>01:00 pm - 03:00 pm Playgroup (Join us at the park, we will be there rain or shine.) W.P. Foster Park, Espanola</p>	<p>09:00 am - 11:30 am Playgroup (Outdoor Program - Rain location- EarlyON Centre) W.P. Foster Park, Espanola</p> <p>09:30 am - 11:30 am Playgroup Massey Arena</p> <p>01:00 pm - 02:30 pm Getting Healthy with OCOF (Zumbini 0-6 years of age) To Be Determined</p>	<p>09:00 am - 11:30 am Playgroup LaCloche EarlyON Center</p>	
5	<p>12:30 pm - 02:30 pm Bounce Back and Thrive! Parenting Program (Must register - 10 weeks) Espanola United Church</p> <p>(All day) Centre Closed for Staff Professional Development</p>	<p>09:00 am - 12:00 pm Groupe de jeux LaCloche EarlyON Center</p> <p>10:00 am - 12:00 pm Playgroup Webbwood Public Library</p> <p>12:30 pm - 03:30 pm Playgroup LaCloche EarlyON Center</p>	<p>09:00 am - 11:30 am Cooking with OCOF (Slow Cooker Workshop - Must Register) Espanola United Church</p> <p>04:00 pm - 06:00 pm Cooking with OCOF (Slow Cooker Workshop - Must Register) Espanola United Church</p>	<p>09:00 am - 11:30 am Playgroup (Outdoor Program - Rain location- EarlyON Centre) Pine Grove Park, Espanola</p> <p>09:30 am - 11:30 am Playgroup Massey Arena</p>	<p>09:00 am - 11:30 am Playgroup LaCloche EarlyON Center</p>	<p>09:00 am - 11:30 am Slow Cooker Workshop (Must Register with Nairn Recreation Committee) Nairn Community Centre</p> <p>09:30 am - 04:00 pm Other (Prenatal Workshop @ Espanola Family Health Team)</p>
12	<p>10:00 am - 12:00 pm Welcome Baby (Starting Solids Workshop; ages 0-12 months) LaCloche EarlyON Center</p> <p>12:30 pm - 02:30 pm Bounce Back and Thrive! Parenting Program (Must register - 10 weeks) Espanola United Church</p>	<p>09:00 am - 12:00 pm Groupe de jeux LaCloche EarlyON Center</p> <p>10:00 am - 12:00 pm Playgroup Webbwood Public Library</p> <p>12:30 pm - 03:30 pm Playgroup LaCloche EarlyON Center</p>	<p>09:00 am - 11:30 am Cooking with OCOF (Slow Cooker Workshop - Must Register) Massey Arena</p> <p>10:00 am - 12:00 pm Explorers Club (Drop-In Outdoor Playgroup) Boogie Mountain, Espanola</p> <p>04:00 pm - 06:00 pm Cooking with OCOF (Slow Cooker Workshop - Must Register) Massey Arena</p>	<p>09:00 am - 11:30 am Playgroup (Outdoor Program - Rain location- EarlyON Centre) W.P. Foster Park, Espanola</p> <p>09:30 am - 11:30 am Playgroup Massey Arena</p>	<p>09:00 am - 11:30 am Playgroup (Indigenous Led Programming-13 moon teachings) LaCloche EarlyON Center</p>	
19	<p>(All day) Centre Closed / Le centre est fermé</p>	<p>09:00 am - 12:00 pm Groupe de jeux LaCloche EarlyON Center</p> <p>10:00 am - 12:00 pm Playgroup Webbwood Public Library</p> <p>12:30 pm - 03:30 pm Playgroup LaCloche EarlyON Center</p>	<p>04:00 pm - 05:30 pm Movement & Play (Registration appreciated but not required.) Massey Arena</p> <p>07:00 pm - 09:00 pm Time for YOU (Must Register - no childcare) Espanola United Church</p>	<p>09:00 am - 11:30 am Playgroup (Outdoor Program - Rain location- EarlyON Centre) Boogie Mountain, Espanola</p>	<p>09:00 am - 11:30 am Playgroup LaCloche EarlyON Center</p>	
26	<p>10:00 am - 12:00 pm Welcome Baby (Starting Solids Workshop; ages 0-12 months) LaCloche EarlyON Center</p> <p>12:30 pm - 02:30 pm Bounce Back and Thrive! Parenting Program (Must register - 10 weeks) Espanola United Church</p>	<p>09:00 am - 12:00 pm Groupe de jeux LaCloche EarlyON Center</p> <p>10:00 am - 12:00 pm Playgroup Webbwood Public Library</p> <p>12:30 pm - 03:30 pm Playgroup LaCloche EarlyON Center</p>	<p>04:30 pm - 06:30 pm Family Fun Night A.B. Ellis Public School, Espanola</p>	<p>09:30 am - 11:30 am Playgroup Massey Arena</p> <p>10:00 am - 11:30 am Getting Healthy with OCOF (Nature Walk) Black Creek Nature Trail</p> <p>04:00 pm - 05:30 pm Movement & Play (Registration appreciated but not required.) A.B. Ellis Public School, Espanola</p>	<p>09:00 am - 11:30 am Playgroup LaCloche EarlyON Center</p>	

Transportation & Childcare May be Available / Des services de garde et de transport pourraient être disponibles

Additional Program Information / Information Additionnelle Concernant Les Programmes

Bounce Back and Thrive! Parenting Program

This is a 10-session parenting program. You will learn skills to achieve family calm and happiness: Build resilience in everyday interactions with your children; let go of stress allowing you to solve problems or conflicts; teach your children to manage anger, frustration, and stress; assist your children in improving their confidence and self-esteem.

Cooking with OCOF

This program offers parents and caregivers the opportunity to learn about the importance of healthy eating and to develop their cooking skills by preparing healthy affordable meals.

Explorers Club

This outdoor play-based program gives children and their parents/caregivers then opportunity to interact with the natural world around them.

Family Fun Night

This program gives families the opportunity to interact together in an open and welcoming environment while participating in games and physical activities together. A healthy nutritious meal is served.

Getting Healthy with OCOF

This is a wellness program that promotes healthy and positive lifestyle choices.

Groupe de jeux

Ce programme d'apprentissage par le jeu fournit aux enfants et aux parents/tuteurs l'occasion d'interagir dans un environnement ouvert et accueillant tout en participant ensemble à des activités pédagogiques favorisant l'engagement et l'inclusion.

Playgroup

By engaging in play, the children and their parents/caregivers learn together in an open, welcoming, inviting, and inclusive environment.

Slow Cooker Workshop

This program offers parents and caregivers the opportunity to prepare healthy affordable slow cooker meals and learn about the importance of healthy eating.

Time for YOU

Parenting can be very rewarding and equally as challenging at times. Join us for some fun crafting opportunities and some well-deserved self-care. Take time to connect, relax and try new activities!

Welcome Baby

Welcome Baby inspires parents/caregivers with babies up to 12 months of age to explore, interact and research with materials which supports curiosity, learning and development.

PROGRAM NOTES / MESSAGES CONCERNANT LES PROGRAMMES

Playgroup - May 1,2024 1:00 pm

ADDRESS: Barber St., Espanola

Playgroup - May 2,2024 9:00 am

ADDRESS: Barber St., Espanola

Playgroup - May 2,2024 9:30 am

ADDRESS: 455 Government Rd., Massey

Playgroup - May 3,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

FOOD DESCRIPTION: NA

Bounce Back and Thrive! Parenting Program - May 6,2024 12:30 pm

ADDRESS: 137 Sheppard St., Espanola

CHILCARE: yes.

Groupe de jeux - May 7,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

CHILCARE: yes.

Playgroup - May 7,2024 10:00 am

ADDRESS: 16 Main St., Webbwood

FOOD SERVED: Snacks.

Playgroup - May 7,2024 12:30 pm

ADDRESS: 273 Mead Boulevard, Espanola

Cooking with OCOF - May 8,2024 9:00 am

ADDRESS: 137 Sheppard St., Espanola

CHILCARE: yes.

Cooking with OCOF - May 8,2024 4:00 pm

ADDRESS: 137 Sheppard St., Espanola

CHILCARE: yes.

Playgroup - May 9,2024 9:00 am

ADDRESS: 2nd Ave, Espanola

Playgroup - May 9,2024 9:30 am

ADDRESS: 455 Government Rd., Massey

Playgroup - May 10,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

FOOD DESCRIPTION: NA

Slow Cooker Workshop - May 11,2024 9:00 am

ADDRESS: 64 McIntyre St., Nairn Centre

Welcome Baby - May 13,2024 10:00 am

ADDRESS: 273 Mead Boulevard, Espanola

Bounce Back and Thrive! Parenting Program - May 13,2024 12:30 pm

ADDRESS: 137 Sheppard St., Espanola

CHILCARE: yes.

Groupe de jeux - May 14,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

CHILCARE: yes.

Playgroup - May 14,2024 10:00 am

ADDRESS: 16 Main St., Webbwood

FOOD SERVED: Snacks.

Playgroup - May 14,2024 12:30 pm

ADDRESS: 273 Mead Boulevard, Espanola

Cooking with OCOF - May 15,2024 9:00 am

ADDRESS: 455 Government Rd., Massey

CHILCARE: yes.

Explorers Club - May 15,2024 10:00 am

ADDRESS: 926 Mead Blvd., Espanola

Cooking with OCOF - May 15,2024 4:00 pm

ADDRESS: 455 Government Rd., Massey

CHILCARE: yes.

Playgroup - May 16,2024 9:00 am

ADDRESS: Barber St., Espanola

Playgroup - May 16,2024 9:30 am

ADDRESS: 455 Government Rd., Massey

Playgroup - May 17,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

FOOD DESCRIPTION: NA

Groupe de jeux - May 21,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

CHILCARE: yes.

Playgroup - May 21,2024 10:00 am

ADDRESS: 16 Main St., Webbwood

FOOD SERVED: Snacks.

Playgroup - May 21,2024 12:30 pm

ADDRESS: 273 Mead Boulevard, Espanola

Movement & Play - May 22,2024 4:00 pm

ADDRESS: 455 Government Rd., Massey

Time for YOU - May 22,2024 7:00 pm

ADDRESS: 137 Sheppard St., Espanola

Playgroup - May 23,2024 9:00 am

ADDRESS: 926 Mead Blvd., Espanola

Playgroup - May 24,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

FOOD DESCRIPTION: NA

Welcome Baby - May 27,2024 10:00 am

ADDRESS: 273 Mead Boulevard, Espanola

Bounce Back and Thrive! Parenting Program - May 27,2024 12:30 pm

ADDRESS: 137 Sheppard St., Espanola

CHILCARE: yes.

Groupe de jeux - May 28,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

CHILCARE: yes.

Playgroup - May 28,2024 10:00 am

ADDRESS: 16 Main St., Webbwood

FOOD SERVED: Snacks.

Playgroup - May 28,2024 12:30 pm

ADDRESS: 273 Mead Boulevard, Espanola

Family Fun Night - May 29,2024 4:30 pm

ADDRESS: 164 Mead Blvd., Espanola

Playgroup - May 30,2024 9:30 am

ADDRESS: 455 Government Rd., Massey

Getting Healthy with OCOF - May 30,2024 10:00 am

ADDRESS: 64 Penage Lake Rd, Espanola

Movement & Play - May 30,2024 4:00 pm

ADDRESS: 164 Mead Blvd., Espanola

CHILCARE: yes.

Playgroup - May 31,2024 9:00 am

ADDRESS: 273 Mead Boulevard, Espanola

FOOD DESCRIPTION: NA