

Sunday/dimanche	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
	<p>(All day) Centre Closed / Le centre est fermé ¹</p> <p>(All day) Easter Monday / Lundi de Pâques</p>	<p>09:00 am - 11:30 am ² Playgroup St. Anne School, Hanmer</p> <p>04:00 pm - 05:00 pm H.E.L.P. Toolbox Parenting Program Zoom</p>	<p>³</p>	<p>09:30 am - 11:30 am ⁴ Cooking with OCOF (Slow Cooker Workshop- Please text 705-822-4037 to register) Valley Pentacostal Church, Hanmer</p> <p>03:30 pm - 05:30 pm Movement & Play C.R. Judd Public School, Capreol</p>	<p>09:00 am - 11:30 am ⁵ Welcome Baby (pre-registration required 705-207-1960) Valley East Public Library</p>	<p>⁶</p>
7	<p>(All day) ⁸ Centre Closed for Staff Professional Development</p>	<p>09:00 am - 11:30 am ⁹ Playgroup St. Anne School, Hanmer</p> <p>04:00 pm - 05:00 pm H.E.L.P. Toolbox Parenting Program Zoom</p>	<p>10:00 am - 11:30 am ¹⁰ Family Yoga (Please text or call to register at 249-879-1873) Capreol Public Library</p>	<p>09:30 am - 11:00 am ¹¹ Cooking with OCOF (Slow Cooker Workshop- Please text 705-822-4037 to register) Trinity United Church, Capreol</p> <p>03:30 pm - 05:30 pm Movement & Play C.R. Judd Public School, Capreol</p>	<p>09:00 am - 11:30 am ¹² Welcome Baby (pre-registration required 705-207-1960) Valley East Public Library</p>	<p>10:00 am - 12:00 pm ¹³ Special Event (Outdoor play - text or call 249-879-1873 to register) Kin Park Playground, Blezard Valley</p>
14	<p>09:30 am - 12:00 pm ¹⁵ Playgroup Capreol Public Library</p>	<p>09:00 am - 11:30 am ¹⁶ Playgroup St. Anne School, Hanmer</p> <p>04:00 pm - 05:00 pm H.E.L.P. Toolbox Parenting Program Zoom</p>	<p>10:00 am - 11:30 am ¹⁷ Family Yoga (Please text or call to register at 249-879-1873) Capreol Public Library</p>	<p>03:30 pm - 05:30 pm ¹⁸ Movement & Play C.R. Judd Public School, Capreol</p>	<p>09:00 am - 11:30 am ¹⁹ Welcome Baby (pre-registration required 705-207-1960) Valley East Public Library</p> <p>10:00 am - 12:00 pm Time for YOU (Please text or call 705-822-4037 to register.) Capreol Public Library</p>	<p>²⁰</p>
21	<p>09:30 am - 12:00 pm ²² Playgroup Capreol Public Library</p> <p>05:00 pm - 07:00 pm Dad's Night (Please text or call 705-822-4037 to register the Thursday before) Valley East Lions Club Hall</p>	<p>04:00 pm - 05:00 pm ²³ H.E.L.P. Toolbox Parenting Program Zoom</p> <p>05:30 pm - 07:30 pm Family Fun Night (In partnership with Magic Triangle pre-registration required 705-207-1960) St. Anne School, Hanmer</p>	<p>10:00 am - 11:30 am ²⁴ Family Yoga (Please text or call to register at 249-879-1873) Capreol Public Library</p>	<p>09:30 am - 11:00 am ²⁵ Cooking with OCOF (Slow Cooker Workshop- Please text 705-822-4037 to register) Trinity United Church, Capreol</p> <p>03:30 pm - 05:30 pm Movement & Play C.R. Judd Public School, Capreol</p>	<p>09:00 am - 12:00 pm ²⁶ Special Event (Science North - pre-registration required text or call 249-879-1873) Capreol Public Library</p> <p>09:00 am - 11:30 am Welcome Baby (pre-registration required 705-207-1960) Capreol Public Library</p>	<p>²⁷</p>
28	<p>09:30 am - 12:00 pm ²⁹ Playgroup Capreol Public Library</p>	<p>09:00 am - 11:30 am ³⁰ Playgroup St. Anne School, Hanmer</p> <p>04:00 pm - 05:00 pm H.E.L.P. Toolbox Parenting Program Zoom</p>				

Transportation & Childcare May be Available / Des services de garde et de transport pourraient être disponibles

Additional Program Information / Information Additionnelle Concernant Les Programmes

Cooking with OCOF

This program offers parents and caregivers the opportunity to learn about the importance of healthy eating and to develop their cooking skills by preparing healthy affordable meals.

Dad's Night

This program gives fathers / male role models and children the opportunity to interact together in an open and welcoming environment while participating in discussion, games and physical activities together. A healthy nutritious meal is served.

Family Fun Night

This program gives families the opportunity to interact together in an open and welcoming environment while participating in games and physical activities together. A healthy nutritious meal is served.

H.E.L.P. Toolbox Parenting Program

H.E.L.P. (Healthy Emotions/Loving Parents) Toolbox is a program that provides participants with some of the tools and skills for coping with everyday stresses.

Playgroup

By engaging in play, the children and their parents/caregivers learn together in an open, welcoming, inviting, and inclusive environment.

Time for YOU

Parenting can be very rewarding and equally as challenging at times. Join us for some fun crafting opportunities and some well-deserved self-care. Take time to connect, relax and try new activities!

Welcome Baby

Welcome Baby inspires parents/caregivers with babies up to 12 months of age to explore, interact and research with materials which supports curiosity, learning and development.

PROGRAM NOTES / MESSAGES CONCERNANT

LES PROGRAMMES

Playgroup - Apr 2,2024 9:00 am

ADDRESS: 4500 St. Michel St. Hanmer

Cooking with OCOF - Apr 4,2024 9:30 am

ADDRESS: 231 Martha St., Hanmer

CHILCARE: yes.

Movement & Play - Apr 4,2024 3:30 pm

ADDRESS: 8 Lincoln Cr., Capreol

Welcome Baby - Apr 5,2024 9:00 am

ADDRESS: 4100 Elmview Drive, Hanmer

Playgroup - Apr 9,2024 9:00 am

ADDRESS: 4500 St. Michel St. Hanmer

Family Yoga - Apr 10,2024 10:00 am

ADDRESS: 9 Morin St., Capreol

Cooking with OCOF - Apr 11,2024 9:30 am

ADDRESS: 72 Young St., Capreol

Movement & Play - Apr 11,2024 3:30 pm

ADDRESS: 8 Lincoln Cr., Capreol

Welcome Baby - Apr 12,2024 9:00 am

ADDRESS: 4100 Elmview Drive, Hanmer

Special Event - Apr 13,2024 10:00 am

ADDRESS: 2732 Langdon Drive, Blezard Valley

Playgroup - Apr 15,2024 9:30 am

ADDRESS: 9 Morin St., Capreol

Playgroup - Apr 16,2024 9:00 am

ADDRESS: 4500 St. Michel St. Hanmer

Family Yoga - Apr 17,2024 10:00 am

ADDRESS: 9 Morin St., Capreol

Movement & Play - Apr 18,2024 3:30 pm

ADDRESS: 8 Lincoln Cr., Capreol

Welcome Baby - Apr 19,2024 9:00 am

ADDRESS: 4100 Elmview Drive, Hanmer

Time for YOU - Apr 19,2024 10:00 am

ADDRESS: 9 Morin St., Capreol

CHILCARE: yes.

Playgroup - Apr 22,2024 9:30 am

ADDRESS: 9 Morin St., Capreol

Dad's Night - Apr 22,2024 5:00 pm

ADDRESS: 4611 St-Joseph St., Hanmer

Family Fun Night - Apr 23,2024 5:30 pm

ADDRESS: 4500 St. Michel St. Hanmer

Family Yoga - Apr 24,2024 10:00 am

ADDRESS: 9 Morin St., Capreol

Cooking with OCOF - Apr 25,2024 9:30 am

ADDRESS: 72 Young St., Capreol

Movement & Play - Apr 25,2024 3:30 pm

ADDRESS: 8 Lincoln Cr., Capreol

Special Event - Apr 26,2024 9:00 am

ADDRESS: 9 Morin St., Capreol

Welcome Baby - Apr 26,2024 9:00 am

ADDRESS: 9 Morin St., Capreol

Playgroup - Apr 29,2024 9:30 am

ADDRESS: 9 Morin St., Capreol

Playgroup - Apr 30,2024 9:00 am

ADDRESS: 4500 St. Michel St. Hanmer