

Sunday/dimanche	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
				09:30 am - 11:30 am Playgroup (Call or Text Rick at 705-207-0545) DJ Hancock Memorial Park, Sudbury 1	2	3
4	(All day) Centre Closed / Le centre est fermé 5 (All day) Labour Day / Fête du Travail	09:30 am - 10:30 am Creating Healthy Babies (Must pre register -Please contact Denise at 705 822-4068) Zoom 04:00 pm - 05:00 pm H.E.L.P. Toolbox Parenting Program (Anger Module - Must Pre-Register) Zoom 6	01:00 pm - 02:00 pm Open Door (Must pre register-Contact Denise at 705 822-4068) 1960 Paris Street, Sudbury 7	09:00 am - 11:30 am Family Challenge (Call or Text Rick at 705-207-0545 or Denise at 705 83=22-4068) 1960 Paris Street, Sudbury 8	09:30 am - 10:30 am Parent Support Group 1960 Paris Street, Sudbury 10:00 am - 11:00 pm Family Bingo Zoom 9	10
11	09:30 am - 11:30 am Playgroup Carl Nesbitt Public School, Sudbury 12	09:30 am - 10:30 am Children See Children Learn (Must pre register-Contact Denise at 705 822-4068) 1960 Paris Street, Sudbury 09:30 am - 11:30 am Playgroup Downe Playground 04:00 pm - 05:00 pm H.E.L.P. Toolbox Parenting Program (Anger Module - Must Pre-Register) Zoom 13	09:00 am - 11:00 am Playgroup Ernie Checkers Public School, Sudbury 09:30 am - 10:30 am Cooking with OCOF (Must pre register-Contact Denise at 705 822-4068) 1960 Paris Street, Sudbury 14	09:30 am - 11:30 am Playgroup Lockerby School, Sudbury 05:00 pm - 07:00 pm Dad's Night Downe Playground 15	09:30 am - 10:30 am Steps & Stages (Must pre register-Contact Denise at 705 822-4068) Zoom 16	17
18	09:30 am - 11:30 am Playgroup Carl Nesbitt Public School, Sudbury 19	09:30 am - 10:30 am Creating Healthy Babies (Must pre register -Please contact Denise at 705 822-4068) Zoom 04:00 pm - 05:00 pm H.E.L.P. Toolbox Parenting Program (Anger Module - Must Pre-Register) Zoom 20	09:00 am - 11:00 am Playgroup Ernie Checkers Public School, Sudbury 09:30 am - 10:30 am Parent Support Group (Must pre register-Contact Denise at 705 822-4068) Zoom 21	09:30 am - 11:30 am Playgroup Lockerby School, Sudbury 10:00 am - 11:00 am Open Door (Must pre register-Call Rick at 705-207-0545) Zoom 22	12:30 pm - 02:30 pm Special Event (Downe Playground Grand) Downe Playground 23	24
25	(All day) Center Closed for Staff Professional Development (All day) Développement professionnel pour les employés. Le centre est fermé. 26	09:30 am - 11:30 am Playgroup Downe Playground 04:00 pm - 05:00 pm H.E.L.P. Toolbox Parenting Program (Anger Module - Must Pre-Register) Zoom 27	09:00 am - 11:00 am Playgroup Ernie Checkers Public School, Sudbury 28	09:30 am - 11:30 am Playgroup Lockerby School, Sudbury 05:00 pm - 07:00 pm Dad's Night St. Anne School, Hanmer 29	09:30 am - 10:30 am Steps & Stages (must pre register-lease call Denise at 705 822-4068) Zoom 30	

Transportation & Childcare May be Available / Des services de garde et de transport pourraient être disponibles

Additional Program Information / Information Additionnelle Concernant Les Programmes

Children See Children Learn

Parenting can be stressful. Research shows that punishments such as slapping, spanking or shaming do not work. There are more positive ways to teach your child that do work. Join us to learn ideas on guiding your child in a more positive way.

Cooking with OCOF

This program offers parents and caregivers the opportunity to learn about the importance of healthy eating and to develop their cooking skills by preparing healthy affordable meals.

Creating Healthy Babies

This program offers expectant mothers the opportunity to receive emotional, educational and nutritional support to assist them in developing a healthy baby during their pregnancy. Good Food Bags containing fresh fruits and vegetables, milk, eggs and other protein sources are also provided free to participants.

Dad's Night

This program gives fathers / male role models and children the opportunity to interact together in an open and welcoming environment while participating in discussion, games and physical activities together. A healthy nutritious meal is served.

H.E.L.P. Toolbox Parenting Program

H.E.L.P. (Healthy Emotions/Loving Parents) Toolbox is a program that provides participants with some of the tools and skills for coping with everyday stresses.

Open Door

Our EarlyON Child & Family Center is open for families to drop-in to receive referrals, support, education and/or information from our trained and experienced staff.

Parent Support Group

Join us in a supportive and caring environment for parents/caregivers who share similar challenges, joys, and experiences in raising children under the age of 6.

Playgroup

By engaging in play, the children and their parents/caregivers learn together in an open, welcoming, inviting, and inclusive environment.

Steps & Stages

This discussion group offers families with children from infancy to 4 years of age an opportunity to receive support and information on a variety of age-appropriate topics. Informal discussions give parents and caregivers the opportunity for personal growth and to share with each other the joys and challenges of raising their young children.

pineapple

Open Door - Sep 7, 2022 1:00 pm

ADDRESS: 1960 Paris Street, Building C

Family Challenge - Sep 8, 2022 9:00 am

ADDRESS: 1960 Paris Street, Building C

FOOD SERVED: Supper. FOOD DESCRIPTION: ham or chicken

pineapple

Parent Support Group - Sep 9, 2022 9:30 am

ADDRESS: 1960 Paris Street, Building C

Playgroup - Sep 12, 2022 9:30 am

ADDRESS: 1241 Roy St., Sudbury

Children See Children Learn - Sep 13, 2022 9:30 am

ADDRESS: 1960 Paris Street, Building C

Playgroup - Sep 13, 2022 9:30 am

ADDRESS: Downland Ave, Greater Sudbury P3A 5T4, Canada

Playgroup - Sep 14, 2022 9:00 am

ADDRESS: 1570 Agincourt Avenue Sudbury

Cooking with OCOF - Sep 14, 2022 9:30 am

ADDRESS: 1960 Paris Street, Building C

Playgroup - Sep 15, 2022 9:30 am

ADDRESS: 1391 Ramsey View Ct., Sudbury

Dad's Night - Sep 15, 2022 5:00 pm

ADDRESS: Downland Ave, Greater Sudbury P3A 5T4, Canada

Playgroup - Sep 19, 2022 9:30 am

ADDRESS: 1241 Roy St., Sudbury

Playgroup - Sep 21, 2022 9:00 am

ADDRESS: 1570 Agincourt Avenue Sudbury

Playgroup - Sep 22, 2022 9:30 am

ADDRESS: 1391 Ramsey View Ct., Sudbury

Special Event - Sep 23, 2022 12:30 pm

ADDRESS: Downland Ave, Greater Sudbury P3A 5T4, Canada

Playgroup - Sep 27, 2022 9:30 am

ADDRESS: Downland Ave, Greater Sudbury P3A 5T4, Canada

Playgroup - Sep 28, 2022 9:00 am

ADDRESS: 1570 Agincourt Avenue Sudbury

Playgroup - Sep 29, 2022 9:30 am

ADDRESS: 1391 Ramsey View Ct., Sudbury

Dad's Night - Sep 29, 2022 5:00 pm

ADDRESS: 4500 St. Michel St. Hanmer

PROGRAM NOTES / MESSAGES CONCERNANT

LES PROGRAMMES

Playgroup - Sep 1, 2022 9:30 am

ADDRESS: 120 Walford Rd., Sudbury

FOOD SERVED: Supper. FOOD DESCRIPTION: ham or chicken